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8th September 2016

Dear Parents,

PGL Tregoyd 2017

Just a reminder that there will be a meeting after school on Monday 11th September in St David's Hall at 3.45pm to give you an outline of the activities that your children will be able to participate in as well as an opportunity to ask any questions you may have.

On Friday 22nd September, your child may come to school in home clothes ready for the intended departure time of 2pm. Luggage can be loaded into the van parked on the driveway of No. 28 Castle St. as your child arrives at school. I will be there to meet you.

There will be normal morning lessons so the children will still need to bring books, pencil cases etc. These can be left in their drawers over the weekend. Of course, the children will not need to bring their games kit to school that morning. We will return to school for normal collection on Monday 25th September at 3.35 pm.

Please find attached a kit list detailing everything your child will need to bring on the trip, as well as our emergency contact details. Please find below a slip to complete indicating how well your child can swim. I would be grateful if this and the school medical form handed out yesterday, could be completed over the weekend and returned to me, either via the School Office or at the meeting after school, on Monday 11th September.

Yours sincerely,

Dr Ian Barber
Head of Science

PGL Tregoyd 2017 22nd- 25th September 2017

Name of son/daughter: Form

Can your child swim 50m (please tick)	YES	NO	Can your child duck head underwater and swim 15m in a life jacket/buoyancy aid without panic (please tick)	YES	NO
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Parent Name:

Signed: Date

Please return to the School Office by 11th September 2017

Kit List for PGL

Please ensure all items are labelled!!!

- One case/bag for the weekend's clothing. They will most likely need a change of clothes for each day; most activities tend to be fairly muddy and wet! Old clothes that don't matter too much are best.
- Warm fleece / sweatshirt.
- Trainers (at least two pairs) for activities **plus** a change of footwear for back in the dormitories.
- Nightwear.
- Wash bag.
- Towels.
- Waterproof jacket.
- Warm hat and gloves.
- Sun hat and sun block.
- Small daypack for drinks etc.
- A reusable drinks bottle.
- Reading material (books / magazines etc).
- Plastic bag(s) for dirty laundry.

Please don't bring

- Mobile phones.
- PSPs, iPods, iPads etc. since they are easily lost/damaged.

Medicines

- All medication, clearly named in a bag, given to Dr Barber on the morning of departure. If your child requires travel sickness tablets please ensure they have one to take at the appropriate time before departure.

Money

- No more than £10.00 per child. There is a tuck shop selling sweets, drinks and souvenirs on site but otherwise there is very little to spend money on.

Contact Details

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| ○ PGL | 0333 321 2100 |
| ○ School emergency contact
(School hours) | 01432 363511 |
| ○ School emergency contact
(Out of school hours) | 07515053353 |