

Kit List for PGL

Please ensure all items are labelled!!!

- One case/bag for the weekend's clothing. They will most likely need a change of clothes for each day; most activities tend to be fairly muddy and wet! Old clothes that don't matter too much are best
- Warm fleece / sweatshirt
- Trainers (at least two pairs) for activities **plus** a change of footwear for back in the dormitories
- Nightwear
- Wash bag
- Towels
- Waterproof jacket
- Warm hat and gloves
- Sun hat and sun block
- Small daypack for drinks etc
- A reusable drinks bottle
- Reading material (books / magazines etc)
- Plastic bag(s) for dirty laundry

Please don't bring

- Mobile phones
- PSPs, iPods, iPads etc. since they are easily lost/damaged

Medicines

- All medication, clearly named in a bag, given to Dr Barber on the morning of departure. If your child requires travel sickness tablets please ensure they have one to take at the appropriate time before departure.

Money

- No more than £10.00 per child. There is a tuck shop selling sweets, drinks and souvenirs on site but otherwise there is very little to spend money on.

Contact Details

- PGL 0333 321 2100
- School emergency contact (school hours) 01432 363511
- School emergency contact (out of school hours) 07515 053353